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Now in their fifth year, the EPA Awards highlight success and encourage best practice throughout the European public affairs community; bringing recognition to individuals, organisations, issues and campaigns. The results of this year's awards will be announced during the awards dinner on Wednesday 14th November held at the stunning Albert Hall. This year's categories include Campaign of the Year and In-House Team of the Year NGO of the Year. For further details about the awards, including categories, judging criteria, photos, past winners and this year's judging panel, please visit: www.epaawards.com. Nominations close on the 7th September.

New publication from the Commission

A new brochure about recent achievements of the Commission in the field of health is now available online – 'Health in the EU - What is in there for you?' Recent achievements'

http://ec.europa.eu/health/strategy/docs/recent_achievements_2012_en.pdf. It showcases what the EU has done to improve people's health status and includes such items as Cross-border healthcare, Cross-border health threats, Safety and quality of medicines, 3rd Multi-Annual EU Health Programme (2014-2020) and Active and healthy ageing and other items.

UK Mental Health Champions recognised in Queen's Birthday Honours

A number of UK key leaders in the field of mental health were recently recognised in the Queen's Birthday Honours. The current chair of the Tavistock and Portman NHS Foundation Trust Angela Greatley has been awarded an OBE. Angela was chief executive of the Centre for Mental Health between 2005 and 2009, upon her retirement. Prior to joining the Centre in 2003 she worked at The King's Fund and as a commissioner of mental health services in London. Jeremy Clarke, chair of the New Savoy Partnership, and Lisa Rodrigues, chief executive of Sussex Partnership NHS Foundation Trust received CBE. Patrick Vernon, chief executive of the Afiya Trust, and Professor Conor Duggan, of the Institute of Mental Health, received OBEs.

The UFE are coming soon in ...

Brussels, 19th October 2012 - Representation of Trentino - 45 - 47 rue de Pascale In September 2011 thirteen representatives of the Doing Together approach, including members of the legendary UFE, took their experiences from the Mental Health Department in Trento to the United States.

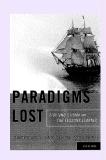
11 meetings were incorporated into this Coast to Coast trip - at the invitation of prestigious American Universities and Research Centres. The Doing Together approach: actively engaging users and families, giving them voice, learning through



their words, their experiences. Mixing professionals' knowledge with the experiential knowledge of users and their families increases the knowledge of everyone. UFE (Expert Users and Family members): the most prominent example of Doing Together. They bring their knowledge, working side by side with professionals in every area of the Department. This means 'co-producing' services and improving the quality of care, placing the user truly at the heart of the system. **Doing Together** and **EFE** bring a message of hope and change.

New publication from the Oxford University Press - "Paradigms Lost, Fighting Stigma and the Lessons Learned"

Paradigms Lost challenges key paradigms currently held about the prevention or reduction of stigma attached to mental illness using evidence and the experience the authors gathered during the many years of their work in this field. Each chapter examines one currently held paradigm and presents reasons why it should be replaced with a new perspective. The book argues for enlightened opportunism (using every opportunity to fight stigma), rather than more time consuming planning and emphasises that the best way to approach ant-stigma work is to select targets jointly with those who are most concerned – www.oup.com



Prospect – EUFAMI's Training Programme

Prospect, EUFAMI's Training Initiative, is currently being used by people in over 14 European countries. Prospect is a very unique peer to peer programme and was developed by EUFAMI members from many countries. If you would like to get further information, contact Rita Geerts on project.admin.office@eufami.org.



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European Federation of Associations of Families of People with Mental Illness Europese Federatie van Verenigingen van Familieden van Psychisch Zieken Féderation européenne des Associations de Families de Malades Psychiques Europäische Föderation von Organisationen der Angehörigen psychische Kranker